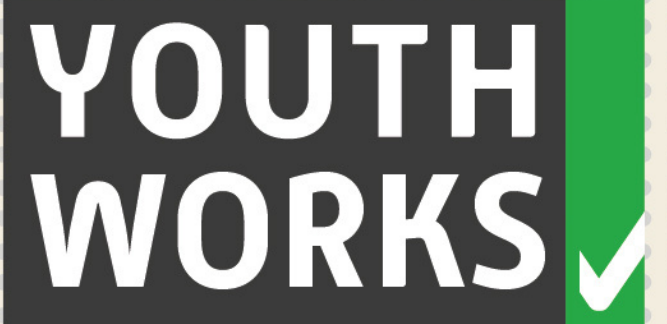


# HAPPIER FAMILIES



## FAMILY SUPPORT & WELLBEING DROP-IN

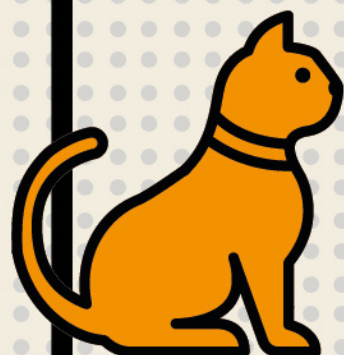
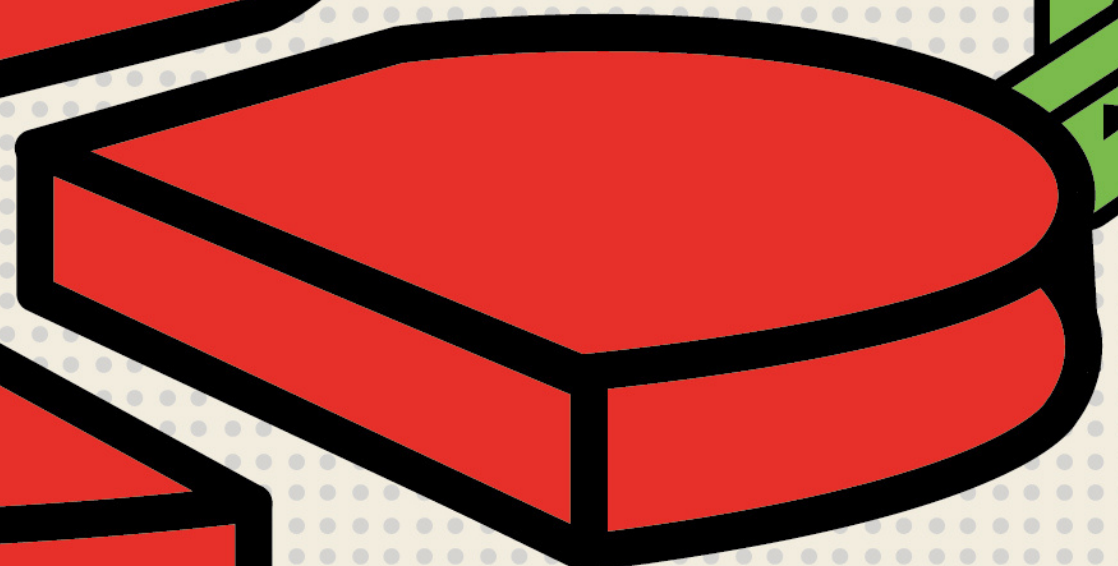
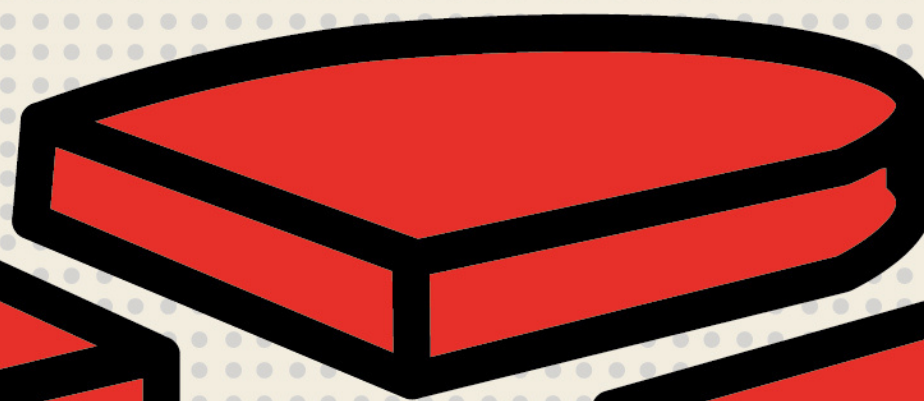
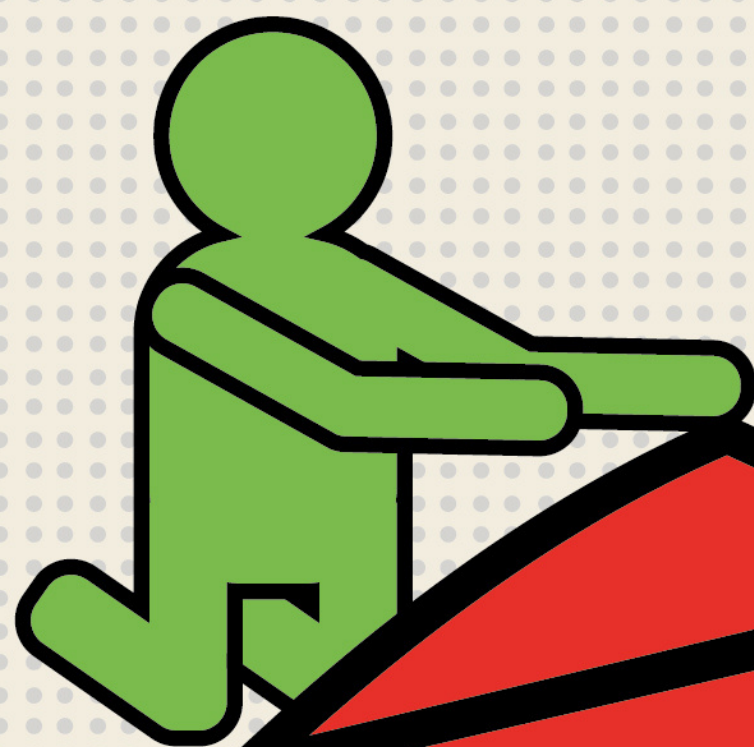
### FAMILY SUPPORT TOOL BOX



Explore ways to build your own and others' happiness



Learn tips to help you when you are struggling



Enjoy your family time together more



Build happier relationships

### Our FREE Offer:

#### In School

6 x facilitator-led, 1-hour workshops - one each week

Up to 6 families at a time

School provides the space

#### Virtual

6 x facilitator-led, 1-hour workshops - one each week

1:1 work with families online

Email [jrowley@youthworksnorthamptonshire.org.uk](mailto:jrowley@youthworksnorthamptonshire.org.uk) for more information.